

# Jesus Says, “God the Father Takes Care of Us”

# Allelu!

*Growing and Celebrating with Jesus*

## Lesson 18, ages 3-4

### Lesson 18 Goal

- Your child will hear Jesus’ teaching about how God cares for even the smallest parts of creation, and cares for us as well.

### Key Points

- God takes care of even the littlest parts of creation, such as the birds and flowers.
- God takes care of each of us, too.



### Parent Reflection

When we ponder the vastness of God’s creation, the limitlessness of his power, it is sometimes hard to imagine that God knows and cares for each of us individually, but he does. Jesus speaks of the smallest things in nature and how God cares for them concluding that if God takes care of even the littlest things, he surely knows what we need.

It is sometimes difficult for us to give up control, or at least the measure of control that comes with knowing what will happen in the future. But we are safer in God’s hand than we are in our own. “Jesus asks for childlike abandonment to the providence of our heavenly Father who takes care of his children’s smallest needs” (CCC, 305).

Young children often have no trouble believing they are important to others. This is the perfect time to impress upon your child that God knows him or her by name and cares about each and every individual child. Look for ways to point out to your child that God notices and cares for him or her in a special way.

### Reflection Question

When has God helped me through a situation that I was worried about? What worries do I have right now that I could offer to God?

## Lesson Preparation

Before inviting your child to sit with you for lesson time, prepare all materials.

### Materials

- Family Activity Sheet
- crayons or colored pencils
- magnifying box or glass
- Lesson 18 Activity Master – Saint Page (included with this lesson)

(Keep the saint page from each lesson to gather together a Communion of Saints Book created by your child.)

### Preparation Steps

- Be prepared to take your child on a nature walk to collect small things from nature.

## Gathering

Create a prayerful space. You might place a candle on the table, or set a cross in front of you. Invite your child to join you in quietly preparing for prayer.

### Begin in prayer:

Make the Sign of the Cross together or bless your child by tracing a cross on his or her forehead: “In the name of the Father, and of the Son, and of the Holy Spirit. Amen.”

Pray together: *“Jesus, you take care of all the little flowers and birds. Thank you for taking extra care of us, your little children. Amen.”*

## Discovering

**Do Not Worry!** Turn to the first page of the Activity Sheet and read about Jesus.

Ask your child, “How does God take care of you?”

Turn to the second page of the Activity Sheet. Ask your child the “Ask Me!” questions and review the answers.

## Exploring

Use the following activities to enrich your child’s understanding of the lesson and of our Catholic faith.

**1. God Our Father Takes Care of Us.** Turn to the drawing in the main activity. Give your child

crayons or colored pencils. Explain the activity to your child and have him or her complete it.

**2. Nature Walk.** Take your child on a walk to try to find small things in nature. Look for bugs, flower shoots, and small leaves. Point out that all of these small things are part of God’s world and are special to him. Try to put some of the small things in a magnifying box (available at school supply stores), or look at them through a magnifying glass. Help your child notice the structure of plants or the details on the bugs. Point out that all of these details are important to God. After the walk and examination of small things, remind your child that God takes care of everything.

**3. The Communion of Saints: Guardian Angels.** Show your child the picture of the Guardian Angels on the Family Activity page and read about them. Then read more about the Guardian Angels to your child (see page 3).

Ask your child, “Why do you think God created angels?”

Have your child write and draw about the Guardian Angels using the Lesson 18 Activity Master.

## Sending

**Pray with your child.** Begin by making the Sign of the Cross together, or bless your child by tracing a cross on his or her forehead. Pray aloud with your child:

*“Dear God, thank you for taking care of us. Amen.”*

## Guardian Angels

### God Gives Us Angels

Sometimes the world makes us feel small. We feel small next to older children, grownups, trees, buildings, even a thunderstorm! Sometimes it feels like everyone is so busy that no one even notices us. But God knows we are there. And even though the world is full of people for him to watch over, he has asked an angel to make sure that you know you are special. That is your guardian angel.

You can't see your angel, but he is there, just like you can't see thunder, but you know it exists. Your Guardian Angel is here to make sure

that you are kept safe. Your angel will also help you make good decisions.

You can ask your guardian angel to pray to God for you. When you feel scared, ask your angel to help you feel safe. When you feel lonely, ask your angel to help you feel peaceful. When you wonder if you are doing the right thing, ask your angel to help you to be a good person. And when your deepest wish is that someone you love be kept safe, you can ask that of your guardian angel, too.

**DRAW**



**Guardian  
Angels,  
pray for us!**