

Lesson 15 Additional Activity

Materials

Good Choices

- “Choices”
(Allelu! 4- and 5-year olds music CD, track 21)



Exploring

Good Choices

We are given rules to help keep us safe. God has also given us rules. Yes, they keep us safe, but they also keep us happy! We are happy because they help us be the person that God created us to be. It is up to us to make a good choice, with God’s help of course.

Let’s play a game that will help us make good choices. I will play the song “Choices” while you dance. When the music goes off, you freeze! I will then ask someone a question and see what choice they will make.

- Play about twenty seconds of the “Choices” song, then press the pause button and say “freeze!”)

Freeze! You are in the supermarket checkout aisle where you see some candy. Dad says, “no snacking on junk food.” What choice will you make? Will you obey your parent or will you throw a temper tantrum or whine for candy? (Encourage the child to make the right choice.)

- Play about twenty seconds of the “Choices” song, then press the pause button and say “freeze!”)

Freeze! It is Sunday morning, and your neighbors ask if you can come over to play with their new dog. It is Sunday, and it is time to go to church. What Choice will you make? Will you go to church or will you stay and play? (Encourage the child to make the right choice.)

- Play about twenty seconds of the “Choices” song, then press the pause button and say “freeze!”)

Freeze. Your mother says that you must clean your room before going outside. What choice will you make? Will you shove your toys under the bed or will you clean your room? (Encourage the child to make the right choice.)

- Play about twenty seconds of the “Choices” song, then press the pause button and say “freeze!”)

Freeze. You are on the playground when you find a baseball. What choice will you make? Will you keep the ball or find its owner? (Encourage the child to make the right choice.)

Let’s finish dancing to the rest of the song.