

Lesson 16 Shopping List

Welcoming

- variety of books about feelings

Gathering

- illustration or statue of the Sacred Heart of Jesus

Discovering

- scissors
- magnetic board or surface

Exploring

Select one or more of the following activities:

1. Child/Family Activity Sheet

- crayons

2. Happy Smile Snack

For the entire project:

- cream cheese
- one bag of small marshmallows
- large circle cookie cutter

For each child:

- one slice of bread
- two blueberries per child

- craft stick to spread the cream cheese

- small paper plate

3. My-Feelings Art (Easel Painting)

- easel(s) or painting table
- washable tempera paints in various colors including skin tones
- paint apron
- clean brushes
- white paper cut into large circles, one per child

Sending



See the Catechist/Teacher Guide for Prayer Table items and program-related materials for this lesson.